



## PEP Family Resiliency Program

A FREE 8-week program for parents & caregivers of children ages 5 to 18.

Classes are in English, Spanish, and Amharic. ትምህርቶቹ በእማርኛ ይሰጣሉ። ለበለጠ መረጃ በ 202-823-0024 ይደውሉ



Learn new tools each week to help you support your child's mental health and success in school.



Meet and talk with other parents to share ideas and support.



**Meet** once a week on Zoom.



**Starts** the week of March 4, 2024.



**Complete** at least 5 sessions and the evaluation to receive a \$50 gift card.



**Register today!**

Scan the QR code or visit [tinyurl.com/mufkp5yd](https://tinyurl.com/mufkp5yd)

Use the referral code: WINTER



The Parent Encouragement Program (PEP) is a non-profit organization working to build strong, harmonious family relationships through parenting education, skills training, and support.



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